

# Patricia Sitton Physical Therapy

*Physical Therapy • Structural Integration • Pilates*

321 3<sup>rd</sup> Street, #F • Laguna Beach, CA 92651 • 415.601.1145

## Patient Information Sheet

First Name		Last Name	
Name of Party Responsible for Payment (if different)			
Address			
City		State	Zip
Home Phone	Cell Phone		Work Phone
E-mail			Date of Birth
Emergency Contact			Emergency Contact Phone Number
Referring Physician			Referring Physician Phone Number
Primary Care Physician			Primary Care Physician Phone Number

I have completed this information sheet and agree that the information that I have provided is accurate.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of guardian \_\_\_\_\_ Date \_\_\_\_\_  
(if under 18 years of age)

**\*I understand that I will be charged \$50 cancel my appointment without 24- hours notice and the ENTIRE appointment fee if I NO SHOW**

\_\_\_\_\_ (initials)

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## Medical History

Name \_\_\_\_\_

Date \_\_\_\_\_

Please check "yes" or "no" to the following health problems:

Yes No	Yes No	Yes No
____ Cancer	____ Pulmonary/Breathing	____ HIV/AIDS
____ Diabetes	____ Liver disorder/disease	____ Tuberculosis
____ Heart disease	____ Kidney/bladder disease	____ Arthritis
____ Chest pain	____ Thyroid disorder	____ Rheumatism
____ High blood pressure	____ Intestinal disorder	____ Dizziness
____ Arrythmia or pacemaker	____ Seizure	____ Fainting
____ High cholesterol	____ Open sore/wound	____ Smoking
____ Anemia/blood condition	____ Hepatitis	____ Severe night pain
____ Unexplained weight loss	____ Recent/current illness	____ Unexplained weakness
____ Allergies to latex		
____ Steroid or blood thinner use		
____ Bladder or bowel control problems		
____ Other _____		
____ Are you pregnant or is there any chance that you may be pregnant?		

Please, explain why you are currently in need of physical therapy/what is your primary complaint:

\_\_\_\_\_

Please, list any surgeries that you have had (with date):

\_\_\_\_\_

Please, list any recent hospitalizations with (with date):

\_\_\_\_\_

Current or recent medications: \_\_\_\_\_

Recent films (x-ray, MRI, CT scan) or other tests:

\_\_\_\_\_

**I have completed this questionnaire and have had any questions regarding its content answered fully. I understand that if information has been left out for confidentiality reasons, I may be putting my and my therapist's safety at risk. I understand that if I choose not to disclose information in writing I may verbally communicate conditions to my therapist.**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of guardian (if patient is under 18) \_\_\_\_\_

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## Medically Informed Consent for Treatment

I voluntarily consent to physical therapy treatment and services deemed necessary by my physical therapist and/or physician. I am aware that the practice of physical therapy is not an exact science and I acknowledge that no guarantees have been made to me as to the results of these services with Patricia Sitton, MPT. I understand that it is the therapist's sincere intent to educate me on every process, from completing these intake forms to what I may expect at the time of my discharge from physical therapy. Therefore, if "hands on" manual therapy techniques and/or exercises that are being used to restore normal function are not fully understood or desired it is my responsibility to obtain a clearer understanding or what the therapist's objectives are or immediately refuse this aspect of treatment. If I feel pain and/or do not consent or feel comfortable physically or emotionally with any aspect of the treatment, it is also my responsibility to make this immediately clear to the therapist providing treatment.

*\*\*Payment at the time of service.*

*\*\*\*Please read...Cancellation Policy: Because I often have a waiting list, 24-hour notification is required for all cancellations so that attempts can be made to fill your vacated spot on my schedule. Patients with cancellations of less than 24-hour notification will be charged \$50. No Show appointments without prior notification will be charged the full amount of your visit.*

This consent shall be on-going for the treatment period.

I have read this form and fully understand and accept its terms and conditions:

Patient's name \_\_\_\_\_

Patient's signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of guardian (if patient is under 18 years of age) \_\_\_\_\_

Signature of witness \_\_\_\_\_

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## **SUMMARY OF NOTICE OF PRIVACY PRACTICES**

Our complete Notice of Privacy Practices contains a detailed description of how our office will protect your health information, your rights as a patient and our common practices in dealing with patient health information. Please refer to that Notice for further information.

**Uses and Disclosures of Health Information.** We will use and disclose your health information in order to treat you or to assist other health care providers in treating you. We will also use and disclose your health information in order to help you obtain payment for our services or to allow insurance companies to process insurance claims for services rendered to you by us or other health care providers. Finally, we may disclose your health information for certain limited operational activities such as quality assessment, licensing, accreditation and training students.

**Uses and Disclosures Based on Your Authorization.** Except as stated in more detail in the Notice of Privacy Practices, we will **not** use or disclose your health information without your written authorization.

**Uses and Disclosures Not Requiring Your Authorization.** In the following circumstances, we may disclose your health information without your written authorization:

- To family members or close friends who are involved in your health care;
- For purposes of public health and safety;
- To Government agencies for purposes of their audits, investigations & other oversight activities;
- To Government authorities to prevent child abuse or domestic violence;
- To the FDA to report product defects or incidents;
- To law enforcement authorities to protect public safety or to assist in apprehending criminal offenders;
- When required by court orders, search warrants, subpoenas & as otherwise required by law.

**Patient Rights.** As our patient, you have the following rights:

- To have access to and/or a copy of your health information;
- To receive an accounting of certain disclosures we have made of your health information;
- To request restrictions as to how your health information is used or disclosed;
- To request that we communicate with you in confidence;
- To request that we amend your health information;
- To receive notices of our privacy practices.

If you have a question, concern or complaint regarding our privacy practices, please refer to our complete Notice of Privacy Practices for the person or persons whom you may contact.

## **Acknowledgement of Receipt of Notice from Patricia Sitton Physical Therapy:**

**I hereby acknowledge that I have reviewed the Summary of this medical practice's Notice of Privacy Practices and am aware that I may view a more detailed Notice of Privacy Practices.**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Print Name: \_\_\_\_\_

If not signed by the patient, please indicate Relationship:

- parent or guardian of minor patient
- guardian or conservator of an incompetent patient
- beneficiary or personal representative of deceased patient